

Magical Mothering Method

Marketing Your Magical Self

Month 2: ReAwakening the Pleasure Center

Week 8: Marketing Your Sacral Magical Self

Copyright 2020

Written and Created by Stephanie Mathews

www.magicalmothering.com

Money and Marketing

With Marketing or the business aspect of ourselves, money plays a vital role. Money can bring up huge emotional triggers especially is there is feelings of lack or scarcity. Our relationship with money is a vital component to who and what we are. When we allow for ourselves to see that Nature is overflowing with abundance, shift our mindset around lack, and truly step into our own natural beings, money begins to flow freely.

Often we look at money as something that is outside of ourselves. When we begin to see that money is a natural exchange of energy, we begin to see what kind of energy we are putting out in the world. Is it grateful energy? Is it energy that is stagnant? Is it fearful energy? Are you serving people with a neediness or a grudge? All of this plays a vital role in the health of our money mindset. Nature grows; wild and unobstructed if allowed. Your money can do the same thing if you allow it.

Nature as Source of Abundance

Step 1: Going within to talk with the little girl who discovered that lack exists in the world. There we will find the deep roots that have grown our lack consciousness.

As we have been practicing going within and connecting with our inner child, it is time to explore where the roots of lack exist. Take some time to write down or remember all the times that money was an issue growing up. Whether it caused fights, arguments, if there was talk of not enough, or even if you have beliefs now about money. (Money is the root of all evil. Money is bad. Money makes people...)

Find all the aspects, belief systems and thoughts about money that are no longer serving you!

Step 2: Create the Space to plant new thoughts, beliefs and feelings towards abundance. Allow yourself the freedom to dream, believe that you are allowed a life that feels wealthy and abundant!

Now that you have found some open space in your mindset and beliefs to enter new thoughts, think about all the dreams, BIG dreams, that you have pushed aside because of a lack of money. Now imagine that your whole being, world, and ideas are flooded with the abundance of nature. Use this to no longer say “no” to your dreams but see the money, resources, time and energy flowing into your life to create these dreams into a reality.

Step 3: Find your wild playground. Use nature, wild spaces, to create activities so you are surrounded by abundance instead of always feeling the confined limited perspective of many forms of “entertainment.”

It is vital to start getting off your phone, computer and screens of all kinds and get into nature physically. When we are surrounded by the wild our magical selves, especially our sacral begins to light up. Make a bonfire or bbq. Walk in the wild. EVEN IF THERE ARE BUGS, they are abundant to remind you that there is nothing but abundance in nature. And you are NATURE. You can reclaim your wild and your natural self. One moment at a time.

Step 4: Create a Monthly rhythm. Yes! This will not only put more money in your pocket through a meal plan, gratitude list, and nature experiences but also give you the luxury of time, energy and health!!

A monthly rhythm can take a bit of time to implement but once you have it, it is a huge time saver. If you are interested in getting the Bringing the Wild within Planner and Curriculum to help you implement not only a weekly, monthly and daily rhythm but also includes daily nature activities. You can find the planner in the [Magical Mothering Shop](#).

Step 5: Health through Nature. Sunshine. Water. Earth. Fire. These are all aspects that each plant and animal need for abundant health and so do we!!

Dis-EASE is rampant in our society and in our lives. Why? Because we feel that we are separated by nature and each other. When we think about ourselves, we think we are a stand alone entity. Alone. This is just not true. We are meant to live in relationship with each other and the earth. Our own health depends on this shift in mindfulness.

Our awareness that nature is FOR US, and the abundance of nature is also our own birthright. Shifting into a space of seeing clearly that if we are disconnected or separated from nature, lack, scarcity and disease will happen as a nature result.

Step 6: Wealth of Love through our connection with Nature.

The ultimate, limitless source of the divine love. We stop feeling a lack of connection and feeling lonely even in a room full of people. To allow real connection to our inner source of unconditional love. There is no more room for loneliness, not feeling good enough, or not enough of anything. When we truly see nature as a source of divine love, our whole world begins to be a space of love. You are meant to live in a world where you are fulfilled, abundant and sharing your gifts freely.