

Magical Mothering Method

Heart Chakra Healing

Month 4: Heart Chakra

Week 16: Marketing from the Heart

Copyright 2020

Written and Created by Stephanie Mathews

www.magicalmothering.com

Marketing from the Heart

Marketing is us being in complete integrity; body, mind, emotion and spirit. When we allow for ourselves to give generously from the heart we are able to give of our gifts and abilities in a way that creates complete freedom within.

The biggest aspects that stop us from being in a space of generosity is when we have been hurt in the past from giving and FEAR.

During this session we will see how to create a releasing or unraveling of our hurts from exposing ourselves and our gifts. Going through and remembering specific instances will help you to expose the pain and release these exact circumstances. Using tapping, time line therapy, or rewriting the memories can help release these fully.

Releasing the FEAR

Fear that is keeping you small	Underlying fear of what can ultimately happen	Benefit of what could ultimately happen	Release of the fear by facing it fully

Through the chart above and the guidance of the video allowing the FEAR that is keeping you small to be fully revealed is vital. Maybe it is making a video, sharing your gifts with a stranger, allowing your presence to be known or some other act of bravery. This act of bravery and your ability to stay strong. It is vital to not let any aspects or reactions to your bravery to detour you! Stay in your strength even if you get a no, reactions or judgements!

There is something to looking the FEAR directly in the face, looking it right in the eye, and stepping into your bravery. If you need to rewatch any of the past healing videos in order to take these steps, please do so!

IF you need to book a session to help you create a solid action plan please book one.