

Magical Mothering Method

Third Eye Chakra Healing

Month 6: Throat Chakra

Week 22: Healing the Third Eye Chakra

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Healing Your Intuitive Abilities

There were times as a child that your insights, abilities, and knowings caused a sense of fear in the adults around you. These adults then used the same programming that was used on them to shift you into a more controllable being.

Exercising your psychic abilities is a super power all on its own. The ability to visualize clearly, as we have been doing this entire course, is a powerful way to activate your third eye. Being able to see clearly in your mind's eye is a precursor or gateway to more advanced abilities. To gather In-Sight, or seeing within, is a powerful tool to seeing not only others' point of view but the ability to see your own personal life from a different perspective.

Have you ever seen or experienced someone who is able to help others and see clearly how to solve problems that are not their own, but struggle getting their own lives together? This is a perfect example of how the third eye can be used to further help your own personal life and healing journey. Often times as healers we can see clearly how to help others, how to create more of something in the lives of others, but are ineffective in creating our own desired outcomes.

This powerful healing of the third eye will help to activate, as well as the remaining 7 chakras. Allowing for the trauma or forgetting that has happened in this lifetime, as well as many others, which we will dive more into in the future chakras, of what you are capable of, is a powerful remembering. Next week we will do a remembering of our gifts rather than a reprogramming of our

mind. As we have within us the amazing abilities to connect to ALL OF THE KNOWLEDGE OF THE UNIVERSE, yet we have been purposely taught to forget this valuable information. The church, society, our parents, the government, the school system, are all powerful tools and means of keeping us controlled rather than free to use our gifts.

Physically Activating the Third Eye into Healing

Visualize an experience where you used your knowing, or psychic abilities. Take a moment to remember when you saw clearly with your third eye.

What were the feelings that were happening simultaneously with this experience?

What was the reaction you received from sharing this insight or experience with another?

What were the repercussions?

When we are children our psychic abilities are intact. It is vital to understand and know that these abilities are a natural part of who you are as a whole being.

How would your higher self have reacted to your experience?

I want you to implant this into the place of the other memory you used to have.

How would your higher self further encourage and give you guidance?

What does the curiosity and wonder feel like verses the original feeling that you felt seeing these for the first time?

What did it feel like seeing with your third eye?

As you continue to go throughout the week, see that you are capable of seeing or knowing things that you don't know why you know. Allow for that IN-sight to become a part of your remembering process and your everyday experience.