

Magical Mothering Method

Soul Chakra Initiation

Month 9: Soul Chakra

Week 33: Initiating and Activating the Soul Chakra

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Soul Chakra Defined

The Soul Chakra is our Whole Self, this is the part of us that has not only our entire souls blueprint encoded but also all of our past experiences in this lifetime as well as all of our lifetimes. The akashic records will be accessed from this chakra. When we can see our patterns from not only this lifetime but our previous experiences, realizing they are playing a major impact in our current lives, we create clarity about our circumstances and situations. Before diving into your past lives it is important to continue to heal and work out the traumas of this current lifetime. Do not distract yourself with the past to numb what needs healing now.

Your Past

Your past is a vital part of your current journey. Every experience you have ever had is a part of the learning, integrating, and knowledge that you personally needed to live your souls purpose. This is the aspects or aspect of your personal “Why?” The reason you came to live on this planet has a reason. It is integrated in a beautiful web to many other individuals souls purpose as well. As a community of people we are more powerful when we work in community with each other, rather than try to do it all on our own.

Soul Chakra

Location in the body: 2-24 inches above the body

Color: Rainbow, Clear

Symptoms of Closed, blocked or injured chakra: Not being able to be present, feeling like a victim, not feeling like you belong on this planet, feeling scared of death or feeling like you are going to be killed.

Stones: Fossils are an incredible tool to use during this chakra to access to the past. Just as a fossil leaves an imprint in the stone, so does our past, it has made us more beautiful with this imprint not a flaw. Fluorite, especially rainbow or various colors of fluorite are connected to the soul chakra as well. The Rainbow or various colors can represent all the past lives we have lead and how they are integrating into our current experience.

Foods: This is all about creating awareness. Some foods may have caused a death in the past life. Some foods may have created comfort or been forbidden causing addictions to them in this life. There are so many aspects of food when it comes to our past lives or our current past.

Activating the Soul Chakra

This aspect of the session is all about recognizing the part of you that has always been and will always be. There is no beginning of your soul and there is no ending of your soul. When you see that you are a part of infinity, that you are timeless, your soul begins to expand into the ethers. You are a part of the limitlessness of eternity. Your journey is not a about getting to a destination. You have been here for millennia , you will be here forever.

What does this do to your body?

Your sense of self?

Do you look at your life differently?

Initiating the Soul Chakra

Let us allow the ability, the mindset, the understanding and the dedication to take hold so that we may have the resources available to us to connect with the akashic records. Open your soul to the vastness of the knowledge of who and what you have been. There is no judgement in this space. There is no fear in this space. There is no resistance in this space. There is no regrets in this space.

If you would like a personal Akashic Records Healing session you can book a session at [MagicalMothering.com](https://magicalmothering.com).

If you are interested in a Soul Chakra Plant Potion from Magical Mothering, please visit <https://magicalmothering.com/shop>