

Magical Mothering Method

Stellar Gateway Integration

Month 10: Stellar Gateway Chakra

Week 40: Stellar Gateway Chakra Integration

Copyright 2020

Written and Created by Stephanie Mathews

www.magicalmothering.com

Time to Integrate

Taking time each day to integrate these new aspects, gateways, and tools is a vital part of this healing program. This journey is not necessarily linear in that just because you finish a week, the work is complete or done with that chakra. Healing is a process that is created through our awareness and ability to set aside time to do the work necessary.

It is also important to note that there may be times, especially seasonally, that you will feel the need to take a break, return to earlier chakras, or sit in the healing that you have received thus far. This is all perfect and in perfect timing. By this point in the program, definitely trust your intuition. Allow for breaks, returning to foundational healings, or taking time to just be, rest. This is all a vital part of the process.

Healing is not a race, nor do you have to feel the need to rush through this process! You can create an entire new way of being very quickly through this program, but integrating that new being into what is still physically in your life, is just as vital so as not to sabotage your current reality.

Please take time to share your process in the comments section of the webpage for this chakra, the forum, or the Facebook group.

Attending a personal or group retreat to activate and initiate this chakra would be the most helpful in fully learning the process. A private 1-1 session to guide you through both the masculine and feminine process can be highly useful as well.

The Stellar Gateway Chakra potion and phantom selenite are both available from magicalmothering.com. You can also receive all of the chakra crystals and potions monthly in the Chakra Box. A monthly subscription program.