

Magical Mothering Method

Celestial Chakra Healing

Month 11: Celestial Chakra

Week 43: Celestial Chakra Reprogramming

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Entity Removal

Entities are energetic attachments that get connected to us during traumatic, stressful, or difficult times in our lives. These entities often will cause physical symptoms to the body such as stiff, sore muscles, bones being out of alignment, and other disease in the body through stagnation. When emotions and traumas get stuck in the body, especially when an entity connects to that space there is an energy void that occurs. Leaving this part of the body to drain away its vitality.

Entities can occur often especially if this has been a part of your life for many years, it will be easy to allow for another entity to connect during times of stress, fear or worry. The more often you do these energy removals and are mindful of the experiences that allowed them to occur in the first place, the more you will have the ability to keep these entities from re attaching.

Black Tourmaline

Black tourmaline is a powerful stone that can ground others stones that create excess power. Such as shungite or moldavite. Black Tourmaline will also ground experiences that have been trapped in the body, especially those with strong emotional reactions that are connected to them. It is important when connecting to your spirit guides, light beings, and angels to understand or acknowledge where your energy is going. Often times there will be beings that are not for your highest and best but will act as a part of your team to leach off of your energy. There are some ET's and other beings such as the reptilians that are known to do this as well. Black tourmaline can ground your energy as well as connecting to the team that IS FOR your highest and best!

Ancient magicians relied upon Black Tourmaline, known as Schorl, to protect them from earth demons as they cast their spells. Today this stone is still revered as a premier talisman of protection, a psychic shield deflecting and dispelling negative energies, entities, or destructive forces. It guards

against radiation and environmental pollutants, and is highly useful in purifying and neutralizing one's own negative thoughts and internal conflicts, and turning them into positive, usable energy.

[Eason, 204][Raphaell, 132][Ahsian, 407]

Black Tourmaline is also a powerful grounding stone, electrical in nature, providing a connection between Earth and the human spirit. Its supportive energy aligns the energy centers of the body and channels healing light throughout the system. It promotes a sense of power and self-confidence, allowing for a clearer, more objective view of the world. It is empowering to those who must live or work in challenging environments or when facing difficult circumstances. *[Eason, 204][Simmons, 406][Raphaell, 132][Hall, 298]*

Although Tourmaline may be found on every continent, fine crystal specimens and gems are still considered rare and can be quite expensive. Its vast popularity as a gemstone began in 1876, when mineralogist and jeweler George Kunz sold a Green Tourmaline from Maine to the famous Tiffany and Co. in New York, and its desirability spread. More recently it has become a favorite of metaphysical collectors and practitioners for its versatile energy properties. *[Simmons, 406]*

*One of Tourmaline's most distinguishing properties is its ability to become electrically charged simply by heating or rubbing it. When charged, one end becomes positive and the other negative, allowing it to attract, or repel, particles of dust or bits of paper. This property of pyroelectricity (from heat) or piezoelectricity (from pressure or rubbing) was well-known to the Dutch traders of the 1700s who used Tourmaline to pull ash from their Meerscham pipes, calling the stone *Aschentrekker*, or "ash puller."* *[Simmons, 406]*

The Celestial Chakra potion, black tourmaline, Celestite clusters, and smudge sticks are available from magicalmothering.com. You can also receive all of the chakra crystals and potions monthly in the Chakra Box, a monthly subscription program. Available at magicalmothering.com/chakrabox