

Magical Mothering Method

Divine Feminine Chakra Activation

Month 13: Divine Feminine Chakra

Week 49: Initiating and Activating the Divine Feminine Chakra

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Becoming a Goddess

A goddess is the embodiment of the female qualities of the Divine. When we adorn ourselves with the expression of these qualities we bring the divine to Earth. We have the opportunity to create heaven on Earth in our reality. We have an opportunity to shift the entire structure of the world, by adjoining ourselves with the knowing that we are divine beings.

We have set forth the path to heal our trauma. We have set forth the foundation of new way of being. We have created a radical shift in our energy fields. We have implemented new coping skills into our lives. We have found our voice, our gifts, our vision, and our connection to the Divine. Now it is time to share these aspects with the world in a unique balance of the Divine Masculine and the Divine Feminine. The Divine Feminine is stepping into the wholeness and fullness of who you are, then releasing it all to be enveloped in the FLOW.

What is Flow?

In positive psychology, a flow state, also known colloquially as being in the zone, is the mental state in which a person performing some activity is fully immersed in a feeling of energized focus, full involvement, and enjoyment in the process of the activity. (Wikipedia)

This space of being in the zone will bring us into a space of divinity. We allow ourselves to be completely immersed in the moment, in the present, and in complete connection with our talents, abilities and ourselves. We are not separate from our sharing. We are completely one with our offerings.

What brings you into a flow state?

Divine Feminine Chakra

Location in the body: It is balancing perfectly the Divine Masculine outside of your body. This is a vital understanding, if the feminine takes over there is no longer equanimity of the spirit. The Divine masculine and divine feminine balance each other in perfect equanimity allowing you to be both, and one at the same time in beautiful completeness.

Color:- The divine feminine is often seen as pink, and the divine masculine as blue, thus creating and completing the Violet Flame of Transmutation.

Symptoms of Closed, blocked or injured chakra: Using sex to control another, being clingy, lack of confidence, feeling like a victim, manipulating from others instead of speaking your truth, having sex with someone you are repulsed by, faking an orgasm, being a drama queen, using your trauma, pain, or sickness to get attention, feeling the need to control others, being a people pleaser, over giver, and not honoring your boundaries, in all 4 bodies. Co-dependence, passive-aggression, enslaved, intimidated, desperation, powerless, apathetic, surrendered

Stones: Chalcedony, witch's broom (black kyanite) and moon stone

Foods:

A diet/lifestyle that supports Divine Feminine energy would be compassionate, collaborative, cooperative, connected, nurturing, intimate, loving, soothing, intuitive, authentic, empathetic, passionate and abundant. What does that look like for you personally? Does that mean not eating meat? Does that mean choosing more sustainable packaging and less processed foods? These are

questions for you to answer personally with your connection with the Divine Feminine. You can look up aspects of others opinions, yet this is your journey. What foods feel in alignment with you and your ideals? There are always opinions and great ones at that, yet it always comes down to what you are willing to implement and the affects that it has on you, your family and the planet. In all aspects!

Activating the Divine Feminine Chakra

We will become the divine feminine in action. We will be transformed into a beautiful river, flowing into the unknown. We will see that our bodies, souls, emotions and mind, can all be set free into a state of flow, not just during an activity but in our lives!

Attending a personal or group retreat to activate and initiate this chakra would be the most helpful in fully learning the process. A private 1-1 session to guide you through both the masculine and feminine process can be highly useful as well.

The Divine Feminine Potion, Chalcedony, witches Broom and moon stone are both available from <https://magicalmothering.com/chakrabox> and [Magicalmothering.com](https://magicalmothering.com).