

Magical Mothering Method

Divine Feminine Chakra Healing

Month 13: Divine Feminine Chakra

Week 50: Healing the Divine Feminine Chakra

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Healing is Transmuting

Transmutation is a process of alchemy.

Definition-

the action of changing or the state of being changed into another form.

So if you are changing into another form, what does that form look, feel, sound, resonate like?

If transmutation is the healing process of releasing what is no longer serving us, what implications does this have on our Feminine aspects?

I want you to create a space with 4 seats or spaces, that are separate from each other. Now in one of these seats you are going to sit facing the other 3 seats. 2 of these seats are going to be for your Mother, or your main feminine figure that raised you. The first seat is for the Mother, or mother figure in your life, that did not support you. I want you to share with her all the ways in which you were not supported! Really let it out! Share all the experiences and ways in which you did not feel supported growing up. Then when you are complete, face the next seat. Share all the ways in which your mother figure DID support you. In what ways was she there for you and helped you in your journey.

When you are complete with that, put those seats away. Know that this was the best example you had of the feminine yet you are no longer willing to accept these aspects of feminine as they do not serve you any longer.

Now in the last seat you are going to invite Your Magical Mother, or Divine Feminine into the seat in front of you. I want you to look at her. Really look at her. I want you to see how she looks at you. Look at her hair, her eyes, her smile, and her body language.

What does she look like?

How does she hold or present herself?

What are some characteristics of her that shine through?

Now I want you to sit in the seat of your Divine Feminine and I want her to speak truth into you. (So sit so that you are facing where you were sitting.) Share wisdom into yourself through your divine feminine. Express the voice of your truth! It is best to record this, so that you can be fully present to channeling this message without having to try and remember it!

What message came through to you?

Now I want you to sit back in the original seat, I want you to feel the after affects of being in your divine feminine. If you want to stay connected and integrated or if you want to go back and forth, feeling the integration and separation so that you can easily adorn yourself with her, do that.

Seeing the feminine that you absorbed and adorned yourself with growing up, verses what you were just revealed by the Divine Feminine looks radically different. As we continue throughout our own journey there are keys or pieces the unlock within us the ability to transmute within us the very things that no longer serve us.

What aspects of your mother figure had you been adorning yourself with?

What aspects of your mother figure had you been NOT supporting in your life?

What aspects of your mother figure were supporting your life?

Who do you see yourself as now that you have heard this truth from your own Divine Feminine?

Message from my Divine Feminine:

Your light shines so brightly. You are a consistent lighthouse for those who seek out a knowing of who they are. And seeing that all of the experiences, journeys and lessons that you have been through, you are continuously piecing yourself together towards wholeness rather than using those experiences to remain broken or shattered, or to cause blame. Your journey is far from over, so do not be discouraged. Create space to embody me. Create space to remember that you are not doing this journey alone. You have so many of us that you can tap into at anytime. You can do so consistently and regularly. We are asking you to put out these words and this work for the betterment of the world. And you are not supposed to do this journey alone. When you want to turn on that faucet, tap into us. We will pour right through you, so you do not have to use your own energy and effort, exhausting yourself. This isn't what this process is about. You are deeply right. And you are doing everything perfectly for you and for all the lessons you came here to learn.

Attending a personal or group retreat to activate and initiate this chakra would be the most helpful in fully learning the process. A private 1-1 session to guide you through both the masculine and feminine process can be highly useful as well.

The Divine Feminine Potion, Chalcedony, witches Broom and moon stone are both available from <https://magicalmothering.com/chakrabox> and [Magicalmothering.com](https://magicalmothering.com).