

**Rebirth** - Rebirth is a natural progression that is shown through nature through the moon phases, the seasons, and the life cycle. We were taught that there is only life and death. Yet quantum physics is proving that multidimensionality and rebirth are a normal part of the life cycle. When we pull into our being that there is more to life than death- we allow for a whole new paradigm to be rebirth-ed within our own being. Rebirth can transform our entire foundation of our lives, giving us an opportunity to see every experience we have ever lived through as not the ending but the opportunity to rebirth ourselves. When we unravel the truth that nature shares with us rather than the stories we have been told to keep us obedient and submissive, there is a shift that occurs on all planes of our existence, that affects all of our simultaneous lifetimes happening concurrently. Life truly becomes more magical than we ever thought possible! Rebirthing being the theme for this month is an opportunity to truly awaken a aspect of our nature that has been lying dormant for the past 7000 years since the tree of life was taken from us as a source of wisdom, independence

# Theme: Rebirth

April 1-29  
Soul Chakra

## Pink Full Moon

- This is a phase of completion, fertility, abundance, and transformation
- This is a time of releasing- NOT new beginnings, welcome the closure, and allow aspects to come to a close
- Release what is no longer serving you
- Charge moon water, release the energy in crystals, take a full moon womb bath
- It is time to illuminate your life- look at the abundance of your life, look at what you have manifested in the past 6 months

## Soul Chakra

The Soul Chakra in relation to the Full Moon reminds us of the abundance of resources and experiences that we have with our soul. When we access our soul, nature, or innate wisdom the lifetimes that we have lived give us such a richness to our own personal lifetime that we are currently living. Even if you have not experienced other lifetimes- seeing that the experiences you have had in this current lifetime can be integrated during this full moon. Integration is an important aspect of the month. Taking all of our experiences and integrating them so that we do not have to keep living the same experiences over and over again with different faces.

*Violet- Viola Sororia*



Violets are popping up in most lawns across the country. The whole plant is edible. You can eat it raw, make delicious jelly or syrup from the flowers. The Medicinal uses: mucilaginous properties, antioxidant, anti inflammatory, blood cleanser, lymphatic stimulant, expectorant, high in Vitamin C, calming affect. Used in love spells, Venus, dream prophecy, and beauty.



April 16, 2022- Saturday

Sunrise: 6:25am  
Sunset: 7:37pm

Moonset: 6:30am  
Moonrise: 7:47pm

## Basking in the Abundance

We have a unique opportunity each full moon to realize how truly blessed we are. This is the time to see in fullness how much you have created your reality. Whether you are enjoying the reality you have created or not, taking ownership of your life is something that can have profound affects on you! When we see that we are CREATRIX of our reality, a profound shift happens in our being and our subconscious. We are no longer victims of a cruel god, society, universe, but we can acknowledge that our victim mentality has created this life for us. So now we get the choice. Will we illuminate our life with the light of the moon to truly see all that we have created. The healing journey can take bravery and guts, but this is who we are! We are courages, magical, brave, powerful women who can walk into the dark and create a reality that rules the night rather than fear it! This is the time to see clearly what it is that has manifested in your life. Abundance is not just \$\$ money, but it is friends, relationships, environment, business, resources, and nature around you. Find your voice and howl to the moon in gratitude for all that you have!! Howl to the moon for the energy, rebirthing, and insights you have gained this month so far!

### To Do and Planning



### Gratitude for Abundance

