

Waxing Crescent

Beginning to become illuminated by the sun once more.

- Making plans
- Taking Action
- Co-Creating
- Creativity
- Energy building
- Empowerment
- Release attachments to your desires
- Shift and Changes happen more easily
- Take the leap to do the thing!

Celestial Lunar Cycle

Location: In our auric field, allows for us to connect with the spiritual dimensions

Color: Can vary according to the Star Cluster you are visiting

Symptoms of a blocked/inactive chakra: denying your guides/ angels, connecting with entities/beings that are leaching off of you thinking they are spirit guides, allowing influences of media to act as guides, feeling alone in your spiritual journey.

Stones: Celestite allows the subtle energy bodies of the etheric realms to come into our bodies. Celestite can not be charged or discharged by the sun, but can be charged by hematite or selenite. Never put crystals face down onto other stones as it can absorb those energies and change the structure of the stone.

Food: Fruit, teas, macha, cocoa. Creating a lightness in our bodies allows for us to have a clean vessel to connect to the other realms without being so heavy or dense in our beings.

Celestial Lunar Cycle

The celestial realm is one of intrigue and ambiguity because what we can see is so far away. Yet we know that even though the Sun and Moon are far away they still play a vital role in our lives, allowing us to live in an Earth that supports life! Just as the celestial realm beyond allows for us to connect to aspects that further support our life. These beings can be light beings, actual celestial star bodies, our ancestors, spirit guides that have not had a physical existence, angels, goddess/god/ and/ or other entities. Some entities we have not invited intentionally into our lives and they are feeding off of our lower vibrations. These often get attached to us during a trauma in childhood. Our connection to these entities can become stronger or weaker depending on if we are feeding them the vibrations they are relying on us to give them. Accessing higher vibrations bring in different entities that can then gift to you insights, solutions, support and healing rather than feed off of you.

As you walk through this Lunar Cycle in what ways will you pull in support through setting intentions?

Hickory- Carya

Hickory Trees are used for various medicinal, magical and practical aspects. Hickories are numerous including pecan, black walnut, and the various hickories including pignut, shagbark, shell bark, and Wilson. It is also used for seasoning, smoking, and curing foods.

Hickory is a hard wood that is used for tool handles, skies, shafts, chair bottoms finishing Steeping the make your legs more catkins are the of the plant to a variety of where as the flowers can be



arrow firewood, and baskets. bark helps arms and supple, the male aspect giving food animals small used for colds. The bark can be chewed for a sore mouth. The inner bark is both astringent and detergent which makes useful medicine for dressing wounds, cuts and ruptured blood vessels. Hickories also give flavorful nuts that can be eaten directly out of the shell. Magically hickory is used to promote aspects of strength. From wands to building a fire. They require strength, patience and persistence, which is what you would also get from this tree.

November 24, 2022- Thursday

Sunrise: 6:48am

Moonrise: 7:42am

Sunset: 4:47pm

Moonset: 5:21pm

Thanksgiving

Morning Brain
Dump

Automatic Writing:



Celestial Lunar Cycle

November 23-December 22

Accomplished Today:

In what ways are you Thankful for the Celestial support that you have?

Sleep- (Hours)



Movement



Conscious Eating



Spiritual Practice



Connect to Nature



Play



Mindfulness



Connecting to the Elements

